



Where Children Connect!

## Kids' Zone Childcare & Preschool

A registered childcare ministry of  
*Family Praise Center* ➔ 2140 Greenfield Avenue  
 Noblesville, Indiana 46060 ➔ Phone 317.773.4650

### Menu Cycle – Week #1

Ages 1 - 5

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b>					
Drink	Milk	Milk	Milk	Milk	Milk
Fruit	Apples	Pears	Oranges	Pineapple	Applesauce
Grain/Bread	Cereal	Muffins	French toast stix	Bagel & cream cheese	Biscuit & jelly
<b>AM Snack:</b>					
Drink	Milk	Milk	Milk	Milk	Milk
Fruit/Meat			Banana	Cheese slice	
Grain/Bread	Mini pretzels	Graham crackers	Vanilla wafers	Butter cracker	Teddy Grahams
<b>Lunch:</b>					
Drink	Milk	Milk	Milk	Milk	Milk
Meat or	Elbow macaroni & cheese w/ham	Fish sticks	Pasta bake	Hot dog & bun	Ham/cheese sandwich
1st fruit/veg	Peas	Mixed veggies	Peas	French fries	Carrots
2nd fruit/veg	Applesauce	Tater tots	Cheese slice	Pears	Peaches
Grain/Bread		Bread w/butter			
<b>PM Snack:</b>					
Drink	Fruit juice	Fruit juice	Fruit juice	Fruit juice	Fruit juice
Grain/Bread	Goldfish crackers	Chocolate animal crackers	Animal crackers	Cheese crackers	Iced animal crackers



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### Menu Cycle – Week #2

Ages 1 - 5

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b>					
Drink	Milk	Milk	Milk	Milk	Milk
Fruit	Apples	Raisins	Bananas	Mandarin oranges Yogurt	Grapes
Grain/Bread	Cereal	Oatmeal	Pancakes	Cinnamon toast	Donuts
<b>AM Snack:</b>					
Drink	Milk	Milk	Milk	Milk	Milk
Fruit/Meat		Cheese			
Grain/Bread	Cheese crackers	Wheat tortilla	Teddy Grahams	Chocolate animal crackers	Iced animal crackers
<b>Lunch:</b>					
Drink	Milk	Milk	Milk	Milk	Milk
Meat or	Sausage	Chicken nuggets	Pepperoni pizza	Sausage patty	Grilled cheese sandwich
1st fruit/veg	Green beans	Mixed veggies	Corn	Cheesy potatoes	Peas
2nd fruit/veg	Potatoes	Whipped potatoes	Peas	Applesauce	Cinnamon apples
Grain/Bread	Bread w/butter	Bread w/butter		Bread w/butter	
<b>PM Snack:</b>					
Drink	Fruit juice	Fruit juice	Fruit juice	Fruit juice	Fruit juice
Grain/Bread	Butter crackers	Graham crackers	Goldfish crackers	Mini pretzels	Animal crackers



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### Menu Cycle – Week #3

Ages 1 - 5

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b>					
Drink	Milk	Milk	Milk	Milk	Milk
Fruit	Apples	Pears	Oranges	Pineapple	Applesauce
Grain/Bread	Cereal	Muffins	French toast stix	Bagel & cream cheese	Biscuit & jelly
<b>AM Snack:</b>					
Drink	Milk	Milk	Milk	Milk	Milk
Fruit/Meat			Banana	Cheese slice	Cheese
Grain/Bread	Mini pretzels	Teddy grahams	Vanilla wafers	Butter crackers	Wheat tortilla
<b>Lunch:</b>					
Drink	Milk	Milk	Milk	Milk	Milk
Meat or	Chicken & noodles	Scrambled eggs	Pasta bake	Hamburger	Ham/cheese sandwich
1st fruit/veg	Mashed potatoes	Hash browns	Peas	French fries	Carrots
2nd fruit/veg	Green beans		Fruit cocktail	Pickle	Peaches
Grain/Bread		Cinnamon toast			
<b>PM Snack:</b>					
Drink	Fruit juice	Milk	Fruit juice	Fruit juice	Fruit juice
Grain/Bread	Goldfish crackers	Chocolate animal crackers	Animal crackers	Cheese crackers	Iced animal crackers



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### Menu Cycle – Week #4

Ages 1 - 5

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast:</b>					
Drink	Milk	Milk	Milk	Milk	Milk
Fruit	Apples	Raisins	Bananas	Mandarin oranges Yogurt	Grapes
Grain/Bread	Cereal	Oatmeal	Pancakes	Cinnamon toast	Grapes
<b>AM Snack:</b>					
Drink	Milk	Milk	Milk	Milk	Milk
Fruit/Meat			Cheese	Applesauce	
Grain/Bread	Cheese crackers	Graham crackers	Wheat tortilla	Cereal	Chocolate animal crackers
<b>Lunch:</b>					
Drink	Milk	Milk	Milk	Milk	Milk
Meat or	Spaghetti w/meatballs	Sausage patty	Pizza	Corn dog	Turkey & cheese sandwich
1st fruit/veg	Peas	Cheesy potatoes	Corn	French fries	Carrots
2nd fruit/veg	Peaches	Applesauce	Peas	Fruit cocktail	Peaches
Grain/Bread		Bread w/butter			
<b>PM Snack:</b>					
Drink	Fruit juice	Fruit juice	Fruit juice	Fruit juice	Fruit juice
Grain/Bread	Butter crackers	Goldfish crackers	Teddy grahams	Mini pretzels	Animal crackers